

ALF Scholarship Story:

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What has been ALF's impact on you? On the people that you interact with at work? On the community?

Personally, ALF has and continues to provide inspiration for self-care. Nurturing myself physically, emotionally as well as spiritually has become more significant since I began my involvement with the ALF family.

At work—The ALF experience helped improve my listening skills and tolerance of others. Exploring topics of diversity among the ALF community created opportunities for me to develop a better understanding of others' customs and beliefs and how those beliefs are exhibited in the workplace.

Community—Passionate about contributing to society, I have a greater thirst to expand involvement in the community, particularly in the education segment. The ALF experience fostered my confidence to accept grander leadership roles in areas where my knowledge and skills may be valuable.

What does being part of the ALF network mean to you? Building new relationships has proven to be rewarding. The ALF programs that I have attended outside of my class have been amazing. Participation in COPE lunch sessions broadened my insight into the complexities of the education system (and I met new friends). Also, first time engagement in the Senior Fellows Retreat was invigorating and precisely met my needs for self-care.

Without scholarships, what will others be missing?

Without scholarship support, one might disregard the opportunity for personal and professional growth which ultimately benefits the community. Collaboration among diverse and brilliant people within the ALF family provides an avenue to promote one's talents for perpetual impact on the community and the world.